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Name of Event	Training on Value Addition of Bamboo Shoot under Van Vigyan
	Kendra (VVK), Mizoram
Date (s)	27.10.2022 to 29.10. 2022
Duration	Three days
Venue	FRCBR, Bethlehem Vengthlang Aizawl-Mizoram
Purpose/Agenda	To impart training and skill on bamboo shoot processing and value addition
No. of Participants	25
Participating Agency (s)	Self Help Group from Sihphir Village, District Aizawl MHIP and Self help group from Village Bethlehem, District Aizawl
Organizing Agency (s)	Forest Research Centre for Bamboo & Rattan, Bethlehem Vengthlang, Aizawl, Mizoram
Funding Agency (s)	Indian Council of Forestry Research & Education (ICFRE),
	Dehradun under CAMPA Extension
<b>Concise Details of the Event:</b>	

## **Training on Value Addition of Bamboo Shoot**

Forest Research Centre for Bamboo & Rattan (FRC-BR), Bethlehem Vengthlang, Aizawl, Mizoram (A unit of RFRI Jorhat, Assam) had organized a three days training programme on Value addition of Bamboo shoot at FRCBR Aizawl Mizoram during 27<sup>th</sup> to 29<sup>th</sup> October, 2022 funded by ICFRE under CAMPA Extension. The target group of this training were mainly women from the self help group from Sihphir village and MHIP and self help group from village Bethlehem, District Aizawl Mizoram. In this three days training programme **Shri C. Lalsawivunga**, Member of Legislative Assembly (MLA), Aizawl South-1 was invited as a chief guest to inaugurate the training programme. The training programme started with the welcome address by **Dr Hans Raj**, Scientist-E & Head, FRCBR, Aizawl. He also briefed the chief guests resource persons and trainee about FRCBR, VVK and training programme. Welcome address was followed by the felicitation of the chief guest and resource persons.

**Shri C. Lalsawivunga** in his speech, first of all thanks the FRCBR authority for inviting him as a chief guest as it was his first time to visit the centre. He in his speech further emphasised that, if the youths really work hard and they have determination, then everything is possible and employment and livelihood can be generated in every sector for economic development of the people in any region. He encouraged the entire trainee for active participation in the training programme to acquire the skills required to run small scale bamboo shoot processing entrepreneur.

Dr. C. Lalmuanpuia, guest faculty, Department of Food Technology, Mizoram University and Mr. Lalrinmawia, Entrepreneur, Chawngthu Kitchen Aizawl Mizoram were also present in the inaugural session and they thanks the FRCBR authority for inviting them as a resource person for this skill development training programme on bamboo shoot processing. At the end, Ms Dorothy Lalrinpui, TA, FRCBR delivered the formal vote of thanks and it was followed by a group photo and high tea.

## **PROGRAMME OF THE TRAINING**

After the inaugural session, Dr C. Lalmuanpuia, guest faculty, Department of Food Technology, Mizoram University delivered a lecture on Value addition and processing Oay 1 of the Bamboo shoot. It was followed by the hands on training on preparation of fermented bamboo shoot pickle and fresh bamboo shoot pickle by Mr Lalrinmawia and Dr C. Lalmuanpuia.

At the outset of the day 2, Head FRCBR and nodal officer VVK welcomed the participants and falicitated the resource person Mrs Lalremruati, Nutritionist and Nutritional Consultant Education Deptt, Aizawl and she delivered the presentation on bamboo shoot, its nutritional value and processing. Later she imparted the hands on training on bamboo shoot processing & product development viz., bamboo shoot pickle and bamboo shoot candy, Bamboo shoot Murabba and Bamboo Kimchi.

In the beginning of the third and last day, Head FRCBR and Nodal officer VVK, Mizoram Dr. Hans Raj welcomed the participants and felicitated the resource person Mrs Lalremruati, Nutritionist and Nutritional Consultant Education Deptt, Aizawl. Mrs Lalremruati delivered the presentation on bamboo shoot, its nutritional value and processing. Later she imparted the hands on training on bamboo shoot processing & product development viz., bamboo shoot pickle and bamboo shoot candy, Bamboo shoot Murabba and Bamboo Kimchi.

Day 3

Day 2

The Training ended with the discussion, feedback from the trainees and followed by the valedictory session. In the valedictory session, Dr. Hans Raj Scientist-E and Nodal Officer VVK Mizoram distributed the certificate to the participants/trainees and resource persons. He also delivered the vote of thanks. In his speech he highlighted that due to the funding from ICFRE, FRCBR is able to conduct this training and we are very thankful for the competent authority of ICFRE for the same. The bamboo shoot product made during the training were kept for sale in the office to generate some revenue.

## **GLIMPSES OF THE TRAINING**









