

## RFRI Celebrates International Yoga Day | 2022

### RFRI, JORHAT CELEBRATES INTERNATIONAL YOGA DAY

Rain Forest Research Institute, Jorhat (Assam) celebrated 8<sup>th</sup> International Yoga Day on 21<sup>st</sup> June, 2022 at its Community Centre. Shri R. K. Kalita, Head, Extension Division welcomed all the Yoga practitioners to the programme. He also spoke about the virtues of performing Yoga. He appealed to make Yoga not a part of life but a way of life. Shri Protul Hazarika, ACTO, RFRI conducted the Yoga Sessions. Around hundred officials and their family members participated in the programme. Different *Asanas* were performed.

### GLIMPSES OF THE YOGA CELEBRATION





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